

June 2019

## CrossReach Information Sheet

### CrossReach @150

This year marks 150 years of the Church of Scotland providing social care in Scotland. Celebrations were launched this month at Heart and Soul 2019. On the same day, the CrossReach 150th Anniversary Exhibition was debuted at St Cuthbert's Church of Scotland. Join CrossReach in thanks and celebration with more opportunities to get involved being promoted throughout 2019.



### 150th anniversary exhibition

CrossReach's 150th Anniversary Exhibition will be on show until 12th June 2019 at the Parish Church of St Cuthbert in Edinburgh.

Following this, the exhibition will begin its tour throughout the year. For more information, please visit: <http://bit.ly/CR150Exhibit>

### As we celebrate 150 years – help us knit 150 Wellbeing Octopuses!

150 years ago, the Church of Scotland started sowing the seeds of 'care in Christ's name.' To join in the celebrations CrossReach invites you to take part in knitting 1 or some of 150 knitted CALAMARI SHANARRI octopuses for children throughout Scotland to enjoy.

Wellbeing is at the heart of the work of CrossReach with children, young people and their families. Are you ready to start sewing some wellbeing messages?

To learn more and download your pattern visit: [http://bit.ly/CR\\_meet\\_CAL](http://bit.ly/CR_meet_CAL) or email [tanya.anderson@crossreach.org.uk](mailto:tanya.anderson@crossreach.org.uk)



### Mini Exhibition



In addition to the CrossReach 150th Anniversary Exhibition, a smaller exhibition was debuted in the CrossReach tent at Heart and Soul 2019. The mini exhibition is available to book as a display within churches.

If you are interested in hosting a mini exhibition at your local church please email: [business.development@crossreach.org.uk](mailto:business.development@crossreach.org.uk)

### Heart and Soul 2019 - Special Thanks

A special thank you from CrossReach to all who visited their tent and showed support throughout the event. Another big thank you to everyone who came to the launch of the 150th Anniversary Exhibition and to those who attended CrossReach CEO, Viv Dickenson's panel discussion at the In Conversation tent with Jason Leitch and Hugh Pym.



Looking to share ideas on local social care and outreach projects? The Social Care Forum is your one-stop-shop for social care resources. Visit: <http://www.socialcareforum.scot/>

May 2019

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### Events - lots of ways to have fun, and support CrossReach while you do!

Are you looking for something exciting to do in 2019? CrossReach has events taking place throughout 2019, where you can have fun whilst supporting its work with children and families across Scotland.

For more information visit: [www.crossreach.org.uk/events](http://www.crossreach.org.uk/events)



#### Zipwire - 4th May and 7th September.

Zip through the trees over a stunning gorge in Aviemore. Take the CrossReach Zip Wire Challenge.

#### Freefall Skydive Auchterarder - 22nd June 2019 or 13th July

Jump from 10,000ft and freefall 5,000ft at up to 120mph!  
This once-in-a-lifetime opportunity cannot be missed!

### Get crafty and raise funds with a CrossReach Craftathon!



The improved Craftathon pack has returned! Bursting with yummy recipes (including melt in your mouth truffles) and exciting craft ideas, from knitting to henna, Craftathon is a brilliant way to bring people together. This year's Craftathon pack has added knitting patterns and a crochet pattern.

Hold a Craftathon in your church, house or hall and help build friendships and community.

For your free pack email: [events@crossreach.org.uk](mailto:events@crossreach.org.uk) or call: 0131 454 4391

### Relocation of CrossReach Counselling Service



Previously located in Dunbar, the CrossReach Counselling Service in Prestonpans is now open. The service provides confidential counselling services for adults, children and young people in East Lothians. The service also provides clinics in Musselburgh, Tranent and North Berwick.

For more information please get in touch: [ccl.eastlothian@crossreach.org.uk](mailto:ccl.eastlothian@crossreach.org.uk)

### Older People Services Events: Balmedie

A trishaw at Balmedie House Care Home has allowed residents to get fresh air, exercise, explore and make happy memories. Two 95 year old twins have really benefitted. The trishaw has been made possible through a partnership between Balmedie, Belhelvie Church of Scotland and Cycling without Age Scotland.

### 17th November 2019 is CrossReach Sunday.



Church congregations and groups are encouraged to hold a CrossReach Covenant Service.

Resources available soon.

Contact: [supporters@crossreach.org.uk](mailto:supporters@crossreach.org.uk) to register interest.

We hope you can make use of these features and opportunities in your congregations. To contact the CrossReach Supporter Development Team please call: 0131 454 4374



The Church of Scotland  
Social Care Council

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[www.crossreach.org.uk](http://www.crossreach.org.uk)

